



## Cataract

A cataract leads to reduced vision due to the lens in the eye becoming cloudy and opaque. If untreated this can lead to progressive vision loss and even blindness. Cataracts are quite common, especially as you get older. Other factors can also cause cataracts, such as diabetes, trauma, glaucoma, exposure to UV light.

Cataracts are treated by replacing the opaque lens in the eye with a clear artificial lens. Modern advancements mean this surgery is usually carried out with drops for anaesthesia, and the surgery lasts about 15 minutes through a small incision of about 2mm. The surgery is bloodless and painless, with a quick visual recovery.

Our consultants offer a bespoke service to all our cataract patients tailoring the surgery, anaesthesia and lens choice to match your exact visual requirements. Your consultant will guide you through the lens options best suited for you, which include monofocal, toric and multifocal lens. Highly precise measurements of your eye are carried out with a laser scanning machine to accurately predict the power of the replacement lens.

You will be guaranteed to see your surgeon before, during and after your surgery. Your surgeon will make this often-nervy journey as comforting as possible through allocating enough time to answer all your questions and concerns.

If you would like to discuss the diagnosis and/or treatment for cataract you can contact the team on:

Tel: 0203 026 9695

Email: [vision@theuclinic.com](mailto:vision@theuclinic.com)